Birth Centre IJsselland



Geboortecentrum
IJsselland



Thank you for choosing our Birth Centre IJsselland to give birth to your baby! We will try to make your stay as pleasant as possible. You can help us by asking any question you have, to the nurse or gynaecologist.

Birth centre

If you choose to give birth to your baby at Birth Centre IJsselland, you will automatically get a single room (if you need to stay after giving birth). Your partner can stay for the night, there is a special baby corner in your room, television, a small fridge and of course you can invite your first visitors here. You also have your own sanitary.
The rooms have different sizes; it depends on the availability which room you will get.



Let us know in advance that you will give birth in our hospital

If you plan to give birth to your baby in our Birth Centre, we would like you to **register at the 'Planbureau' of our hospital in advance**. You can do that at our website: www.ysl.nl **> Geboortecentrum IJsselland** > **Inschrijfformulier**
Fill in the digital registration form and send it to us.

You need to register:

- If you want to deliver outpatient, with your own midwife;
- Also if you have a medical indication and are advised to give birth in our Birth Centre, you have to register in advance. The gynaecologist will also fill in a digital admission form with you.

Arrange 'Kraamzorg' in advance

Make sure that you arrange "kraamzorg'' in time.
They take care of you and your baby at home during the first week after birth. If you want to know how many days and hours are provided to you by your health insurance company (= zorgverzekeraar), please contact them.
They will gladly inform and assist you.

What do you need to take with you to the birth centre?

What do you have to take with you; for yourself, the baby and your partner, when you come to our birth centre?



For yourself:

- Toiletries like toothbrush, etc. Towels are provided.
- Clothes for during and after delivery.
- Clothes to wear when you go home.
- One or more supportive bra(s).
- Four pieces of underwear (no 'thong').
- Cd's to listen to; your own preferred music in the delivery room (only if you want to).

For your baby:

- (Washed) clothes.
- Don't forget socks and a small warm hat.
- A warm blanket or jacket to wear going home.
- Bring your camera (if you like). Audiovisual recording is allowed in consultation with the personnel.
- A car seat for safe transport of your baby by car.



Please read the manual and practise in advance.

Only bring the car seat the day that you go home.

For your partner:

- Toiletries
- Pyjamas or other comfortable clothing (to sleep in).

Your partner and one extra family-member or close friend, can join you in the delivery room. If you have special requests, discuss these with your midwife or the gynaecologist.

We like to make things as comfortable as possible for you.

On your way to the birth centre

When you go into labour, please contact your midwife.
She will try to come to your house for assistance and a quick (medical) check. She will also tell you when it's time to go to the hospital. At that point she will contact us and let us know when to expect you.
When you're under medical treatment of one of our gynaecologists, you'll have to call the maternity ward yourself: **010 - 258 54 63**.



From 23.30h till 6.30h the main entrance of the hospital is closed.

During these hours you can use the emergency entrance (SEH).

When you arrive at the hospital, you can get yourself a wheelchair. You will find them near both entrances and at the parking lot. You need a € 2,- coin to unchain the wheelchair.

- When you arrive Monday till Friday between 7.00h and 19.15h you need to sign in at the hospitals reception in the main hall.
- When you arrive after 19.15h on working days or in the weekends you need to sign in at the desk from the emergency unit (Spoedeisende Hulp). When you are on the main parking lot you will find the entrance on the right side of the hospital.
- After you sign in you take the elevator - near the main entrance - and go to the 3rd floor (C3 on the sign). When you get out of the elevator, you will find the delivery ward on your right side.
    - During working days (and during daytime hours) you will find the secretary at the desk at the right, after you enter the delivery department.
    - At night and in the weekends you can use the bell right outside the secretary's office.

After delivery

The nurse will help you feed and dress your baby.
After you've had a nice shower, you and your baby will go to the maternity room.



Your baby will be right beside you in his or her crib.

If you want to phone family and friends to let them know that you are mum and dad now, you can use your mobile phone.

Of course you can invite parents and close relatives to come over to visit you.



Registration of birth

You can register the birth of your baby at the City Hall ('gemeentehuis') of Capelle a/d IJssel. You'll receive information and a map where you have to go to register your baby.

Visiting hours

Partners are always welcome (24/7).
Other visitors : are welcome from 9.30h till 21.00h.

Food and drinks

- Your partner can buy a breakfast-, lunch- or dinner voucher at the hospitals reception in the main hall.
  If your partner wants to have **dinner** together with you in your room, we ask you to tell this to the assistant when she/he comes to register your dinner choice and you can hand over the voucher to her/him then.
- It is also possible to buy food and drinks at the hospitals restaurant, between 16.30h and 18.00h (follow route 99).
- You can offer your guests free coffee and tea, available in the pantry.
- Something else to drink or eat is available in the shop 'Albron' downstairs in the main hall.

More information?

For further information you can contact:

Maternity Ward	*010 - 258 54 62*
Patient information	*010 - 258 51 37*
Delivery room	*010 –258 54 63*

Check our website for more information: www.ysl.nl

We wish you a comfortable stay in our birth centre,

The staff of the maternity ward

GEB.001 / 180220.MD

Geboortecentrum IJsselland is een samenwerkingsverband van verloskundige praktijk Een goed begin, verloskundigen praktijk IJssel & Lek, verloskundigen praktijk Rotterdam Oost, Prinscapelle verloskundigen maatschap, Praktijk voor verloskunde & echoscopie, Kraamzorg Rotterdam en omstreken en het IJsselland Ziekenhuis

Geboortecentrum IJsselland

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